

Scarboro News

The Promise of Aging group will be meeting virtually on the 2nd and 4th Wednesdays. Please join us on April 28th, at 1:30 PM for fellowship and support. The topic for this online meeting is "Implicit Bias". Everyone is welcome to join the visit and share the conversation. [Join the Online Meeting by clicking here](#). If online meetings aren't your thing, you can join by phone, call 587-328-1099 and provide meeting ID 827 0611 1250. Using *6 to mute and unmute yourself.

The Scarboro **Garden Gnomes** are preparing for another season of the spiritual practice of gardening. We thank all of them for their work and enthusiasm. The church gardens have been so beautiful under their care and passion. Do you feel called to explore this type of spiritual practice? It is a great way to stay connected at a safe distance. Just ask the office to get you connected with the other gnomes.

Do you know neighbours or other seniors that might be struggling? Perhaps the pandemic or other concerns? Calgary's Senior's Resource Society has a great program – **Senior's Connect** – that can help all of us learn how to support these valuable members of our community. The online training modules explain how to recognize problems and find supports for the people we meet through our day to day connections. Please check out the program at <https://www.seniorconnectcalgary.org/> and join other from Scarboro in this pursuit.

Scarboro has an amazing **Caring Team** has been keeping the congregation in their prayers during this difficult pandemic. They have been working hard supporting our continued faith, hope, health and love. This dedicated group has been in touch with many of us, reaching out, to hear how we are doing and what our needs are. If you want to be connected with one of the team, ask at office@scarborounited.ab.ca. They access to many resources to help people find the appropriate financial, medical and spiritual programs.

Some of the supports available to us are from:

Alberta Health Services - [Just click here to read their ideas.](#)

<https://togetherall.com/> - Peer to peer support plus chat boxes to chat with someone that had mental health training. Free courses. Totally anonymous and free.

Connect on **Travelling Tuesdays** with some of your Scarboro friends. Join Wade and others as they share their travel through pictures and stories. [Click here for the link, 7:30pm on Tuesday evenings.](#) Use the password, our church phone number, 2441161.

Report on Results of the Lenten Challenge -

Thanks to ALL of you for your participation and positive feedback for our Lenten Challenge. As of last week we had 13 donations totaling \$2,305! In addition, we had received more that 10 bags of non-perishable food, pet food and toiletries. There is still time to add to challenge amounts by dropping off a cheque or sending an eTransfer to giving@scarborounited.ab.ca and other donations will be delivered to community groups after April 23, so gather them soon!

Our interactive Sunday Worship services are successful because of all the individuals willing to participate. If you would like a role, perhaps reading scripture, please ask Laura to add you to the team.

Children's Worship is being offered before the Sunday Worship service! Click on the usual Sunday link between 9:15-9:30am on Sunday to join.

Scarboro is part of the Chinook Winds Region of the United Church of Canada. The region's website has valuable information and great events that are being offered. Check it out here <https://chinookwindsregion.ca/>

During online Worship, we **share our personal prayers** by typing in the chat and sharing our concerns. Putting your thoughts into words, as well as reading the chats, are considered prayerful acts. A more focused, private and intentional process for prayers is also available at Scarboro. Send prayers to prayerrequest@scarborounited.ab.ca and they will be confidentially prayed over by a small group of volunteers for 1 month. Resend if the prayer needs further support. If you want someone to contact you and support you around your prayer, please ask. Also indicate if you want Erin to be informed of your prayer.
